

# Female Urinary Pouch External Collection Device

## Introduction

This is a skills checklist for the application, and removal of the Female Urinary Pouch. The urinary collection pouch with a skin barrier is suitable for frequent pouch changes or use on fragile skin. The pouch is most suitable for non-ambulatory females with urinary incontinence. It is designed to be emptied and should be attached to drainage bag. Made with hydrocolloid skin adhesive and polymer/copolymer plastics. The suitability of the female urinary pouch must be assessed for each patient. (See the section below entitled "Precautions" for factors to consider.)

Date Completed	Name	Employee Number	Dept.
----------------	------	-----------------	-------

Criteria ( <u>Refer to Instructions for Use for detailed information</u> )	Eval Method*	Completed
<b>To Prepare Skin and Pouch</b>		
1. Position the patient on her back with legs apart. Wash genital area with a mild soap and water.		
2. Trim the pubic hair. Rinse and dry thoroughly.		
3. If desired, wipe the skin that will be in contact with the skin barrier with a skin protective wipe (not included). Please refer to the instructions for use packed with that product.		
4. Be sure the drain cap is place on the pouch drain.		
<b>To Apply to Skin</b>		
Separate the labia (minora and majora) and push back firmly to expose the vulva.		
1. Check that the pre-cut opening on the barrier will encompass the urinary and vaginal orifices. This is best done by folding the skin barrier in half and holding it close to the vulva. If it needs to be enlarged mark the backing paper with a pencil.		
2. Using scissors, modify the opening in the skin barrier so that it corresponds with the mark on the backing paper. Do not cut beyond the line indicated on the backing paper. Remove the protective release paper from the skin barrier.  If desired, place a small amount of barrier paste (not included) on the edge of the skin barrier that will adhere to areas where the skin surface is creased or uneven. Please refer to the instructions for use packed with that product.		
3. With the labia in a normal position, apply the narrow (distal) end of the barrier to the perineum. Gently press the barrier material against the skin working from the perineum upward until the skin barrier contacts the skin at all points.		
4. Gently hold the barrier material against the skin so that the user's body heat will soften the barrier material and enhance its adhesive properties. Allow the patient to assume a normal comfortable position.  If desired, apply microporous adhesive strips (not included) around the barrier edges for an added sense of security. Please refer to the instructions for use packed with that product.		
5. Remove the drain cap at the bottom of the pouch and attach the tubing to a drainage bag (not included).		
<b>To Remove and Dispose</b>		
1. To dispose, please follow all local disposal regulations.		

\* Evaluation Method: (L) return demos live in class or skill lab, (O) observation in worksetting, (CR) chart review, (V) verbalizes information, (R) read only – not performed – for information, (NA) not applicable.

Reviewed by (signature) \_\_\_\_\_ .

## Indications and Intended Use

The pouch is intended to collect and contain urine for individuals with urinary incontinence.

## Warnings

- Reuse of a single use product may create potential risk to the user such as poor adhesion. Reprocessing, cleaning, disinfection, and sterilization may compromise the product. This may result in odor or leakage. Ensure proper fit as instructed. If the barrier opening is incorrect or leakage occurs, skin damage may occur (e.g., irritation, broken skin, rash, or redness). This may decrease wear time.

## Contraindications

Use of the urinary pouch may not be advisable for women with urinary tract, vaginal or other chronic infections, active genital herpes, or chronic urinary retention.

## Precautions

A urinary pouch should only be used under supervision of healthcare professional. Discontinue use if any of the following symptoms occur:

- Swelling, severe redness, itching or pain in vulva or perineal area
- Fever or abnormal vaginal discharge

## Notes

To help ensure proper adhesion, apply to clean, dry intact skin. Do not use oils or lotions. These products may interfere with adhesion of the skin barrier. Contact a healthcare practitioner for help with continence care products.

Prior to use, be sure to read the Instructions for Use for information regarding Intended Use, Contraindications, Warnings, Precautions and Instructions.

Hollister and the Hollister logo are trademarks of Hollister Incorporated.

© 2021 Hollister Incorporated. US-01639

**Hollister Incorporated**  
2000 Hollister Drive  
Libertyville, Illinois 60048  
1.800.323.4060

[www.hollister.com](http://www.hollister.com)

